



## 2010 Certifications and Re-Certifications for Alpine Tower and Teams Challenge Course

*Become certified to facilitate an Alpine Tower climb  
or Team Challenge course program.  
Ideal for teachers, social workers, youth leaders, and more.*

### Team Challenge

The Team Challenge Course has fixed low initiatives with challenges designed to foster skills such as communication, teamwork, trust and leadership.

#### Certification

**Cost:** \$200

**Meeting Place:** Otis Brown Parking Lot at Greensfelder County Park

**Date:** June 22 - 25, 2010

**Time:** 9:00 a.m. – 5:00 p.m.

Participants are trained to facilitate groups of 8-12 people ages 11 and up on the Team Challenge Course. The first two days of the training the participants are led through the experience. The second two days participants learn to facilitate the activities. A test is given at the end of the last day. Certification is good for two years and requires a one-day refresher course to renew.

#### Re-Certification

**Cost:** \$85

**Meeting Place:** Otis Brown Parking Lot at Greensfelder County Park

**Dates:** April 24, 2010  
or November 13, 2010

**Time:** 9:00 a.m. – 5:00 p.m.

One-day refresher course includes practical and test. Re-certification is good for two years.

### Alpine Tower

The Alpine Tower is a 50-foot hour-glass climbing structure with a variety of climbing challenges and unique obstacles.

#### Certification

**Cost:** \$200

**Meeting Place:** Alpine Tower parking area at Greensfelder County Park

**Dates:** June 14 - 16, 2010

**Time:** 9:00 a.m. – 5:00 p.m.

Participants are trained to facilitate groups of up to six people ages 9 and up on the Alpine Tower. The first day of the training is an experience and the next two days participants are taught to set up and safely lead groups on the tower. A test is given at the end of the third day. Certification is good for two years and requires a one-day refresher to renew.

#### Re-Certification

**Cost:** \$85

**Meeting Place:** Alpine Tower parking area at Greensfelder County Park

**Dates:** April 25, 2010  
or November 14, 2010

**Time:** 9:00 a.m. - 5:00 p.m.

One-day refresher course includes practical and test. Re-certification is good for two years.

### Cancellation Policy

Cancellation must be made IN WRITING 30 days prior to the start of the certification course. Refund will be made minus a \$25.00 cancellation fee. If cancellation is due to the fault of YMCA of the Ozarks, full registration cost will be refunded. In most cases, certifications will be run despite inclement weather.

### Guaranteed Numbers

A minimum of eight participants is required to run the certifications training. Maximum number of participants is 12. A waiting list will be established if the certification is full.

### Directions to Greensfelder

From St. Louis, take Interstate 44 West to the Six Flags/Allenton Road exit. Drive North on Allenton/Six Flags Road up the hill to the ridge top. The Alpine Tower parking area is 2.3 miles from Interstate 44. The Team Challenge Course parking area called the Otis Brown Parking Lot is 3.3 miles from Interstate 44. Both parking areas are on the east (right) side of Allenton Road.

### What to Bring

Participants should bring a lunch and water, dress for the weather, and wear sturdy shoes.

### Insurance and Facilitator Requirements

Submission and approval of a standard Certificate of Liability Insurance, showing an aggregate liability in excess of \$1,000,000 and naming St. Louis County Parks as co-insured or additionally insured is required. A minimum of two certified facilitators is required to reserve the Alpine Tower. To receive certification, participants must attend the entire certification course.

### Contact Information

If you have questions, please contact Larry Jeude or Julianne Smutz at the YMCA:

#### YMCA TEAM Works

(314) 436-1177

ljeude@ymcastlouis.org

jsmutz@ymcastlouis.org

## 2010 Certification Registration Form

Name: \_\_\_\_\_

SSN: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email: \_\_\_\_\_

#### Team Challenge Certification - \$200

June 22 - 25, 2010

#### Alpine Tower Certification - \$200

June 14 - 16, 2010

#### Team Challenge Re-Certification - \$85

April 24, 2010

November 13, 2010

#### Alpine Tower Re-Certification - \$85

April 25, 2010

November 14, 2010

I have enclosed a check for \$ \_\_\_\_\_ (make payable to YMCA of the Ozarks)

Please charge my         for \$ \_\_\_\_\_

CC#: \_\_\_\_\_ Expires: \_\_\_\_\_

Signature: \_\_\_\_\_

*I understand and agree that if I cancel my participation in a certification it must be made IN WRITING 30 days prior to the start of the certification course. A refund will be made minus a \$25.00 cancellation fee. Cancellations made within 30 days of the start of the certification are not refundable or transferable. If cancellation is due to the fault of YMCA of the Ozarks or lack of participants, full registration cost will be refunded.*

Signature: \_\_\_\_\_

**Please mail registration form and full payment to:**

Larry Jeude

YMCA of the Ozarks

1528 Locust St.

St. Louis, MO 63103

Phone: 314-436-1177 • Fax: 314-436-1901