



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WOMEN'S WELLNESS 5K RUN/WALK REGISTRATION FORM

This year's Women's Wellness 5K Run/Walk will benefit the YMCA Strong Community Campaign targeting Camp Sunrise. Through the Strong Community Campaign, Camp Sunrise receives financial assistance making it possible for children with cancer and their families to have an educational and fun-filled weekend at YMCA Trout Lodge.

The race will take place during Women's Wellness Weekend Friday, February 24, 2012 at 1:00 p.m.

Suggested donation of **\$15.00** per participant

Donors who give **\$100** or more will be entered into a drawing to receive a FREE Women's Wellness weekend registration 2013.

All participants will be entered into a raffle for a chance to win a variety of prizes donated by the Strong Community Campaign and various vendors.

Name (First): \_\_\_\_\_ Name (Last): \_\_\_\_\_





Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone Number: \_\_\_\_\_ Evening/Cell Number: \_\_\_\_\_

Email Address: \_\_\_\_\_ Birthday: \_\_\_\_\_

Total Enclosed: \$ \_\_\_\_\_

Check enclosed (payable to YMCA of the Ozarks)  Charge my credit card        

CC #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ Signature: \_\_\_\_\_

**Send registration forms to:**  
Attention: Stephanie Fridley  
YMCA Trout Lodge  
13528 State Hwy AA  
Potosi, MO 63664  
Fax: (573) 438-5752

**Contact Information:**  
Stephanie Fridley  
Phone: (573) 438-2154 x.223  
Email: sfridley@ymcastlouis.org