

# Leadership Development Program

DEAR PARENTS:

Thank you for selecting the Leadership Development Program (LDP) for your teen. This program is designed to create opportunities for campers to discover and develop their leadership skills. It also promotes those additional skills required for effective leadership. The program focuses on diverse leadership skills, communication, self-confidence, creativity, cooperation, taking individual and group responsibility, and the chance to offer leadership to peers and younger campers.

LDP campers achieve success by emulating their counselors. These counselors are dedicated to helping children reach their full potential, and instruct the campers on how to master their goals. Healthy risk taking and team work is the focus, and fun and responsibility is the by-product.

LDP campers live in a primitive site adjacent to East Camp. They have unrestricted access to the East Camp Bathhouse.

## Program Activities

This program is designed for those individuals who have the desire and motivation to explore leadership, its different styles, approaches, and techniques. It also allows them to explore their own skills and grow personally in many ways. With the assistance and direction of our experienced staff, campers are provided the opportunity and environment where they can acquire and learn their leadership potential.

Staff will offer your camper a variety of skills necessary for undertaking leadership roles. This will include both technical skills in camping, leading activities and programs, communication, teamwork, decision making, and some camp counseling skills. The LDP Program will go on a multi-day canoe trip.

With staff encouragement, campers will strengthen individual character and self worth. This is accomplished through providing an environment of caring, respect, honesty, and responsibility of themselves and others. Staff will work closely with the campers to assist in goal setting, personal growth, and self-esteem through positive group interaction.

LDP campers work together as a close-knit group to encourage each other in achieving their goals and reaching their greatest potential. LDP is designed to be fun and challenging. Campers take part in some all-camp activities and also experience day and extended wilderness trips.

## PARENT PACKET

The Parent Packet is provided on our website. Please read all the information carefully. Please make sure all forms are returned at least three weeks before the camper arrives at camp. If you have any questions, please contact our office. We will be happy to assist you.

## Clothing List for Leadership Development Program

Please send appropriate clothing with your camper, taking into consideration the weather and camp activities. We encourage you to send old clothing, as your camper will be camping out, sleeping on the ground, doing rugged sports, climbing and hiking through the woods.

We have provided an online link from our website to order forms for laundry labels and encourage their use. **Please mark all items with a laundry label or permanent marker.**

Luggage should be compact and easy to carry. Swimwear and towel should be packed at the top of the camper's suitcase. **DO NOT PACK MEDICATIONS in your luggage.** All medications will be given to the nurse upon arrival.

One set of clothes (sneakers, long pants, t-shirt) should be included for caving. Clothes worn in cave will not come clean!

Camp is an opportunity for children to develop their sense of self-care and personal responsibility. Please review the list of things you are sending with your camper so they know what clothing and personal items should return home. Remember that your camper's belongings have the risk of being lost or misplaced. Therefore, **do not** send items of considerable value or sentimental significance

2 Weeks	#Sent	CLOTHING LIST	#Returned
	_____	T-shirts and Shirts	_____
	_____	Shorts	_____
	_____	Long pants <i>(required for horseback riding)</i>	_____
	_____	Underclothes	_____
	_____	Pairs of Socks	_____
	_____	Sneakers	_____
	_____	Hiking boots-already broken in	_____
	_____	Tevas/Sport Sandals <i>(for canoe trip)</i>	_____
	_____	Sweatshirt/Light Jacket	_____
	_____	Swimsuits	_____
	_____	Bath Towel & Wash Cloth	_____
	_____	Night Clothes	_____
	_____	Poncho/Raincoat - <i>Required</i>	_____
	_____	Hat - <i>Protection from sun/rain</i>	_____

**Optional**  
 Sunglasses  
 Camera/Film  
 Bandana  
 Books

**Don't Bring**  
 Cell Phones  
 Aerosol Cans  
 Fireworks  
 Guns or Knives  
 Radios/Walkman  
 Video Games  
 Candy or Gum  
 Tobacco Products  
 Lighters/Matches  
 Jewelry  
 Skateboards  
 Rollerblades  
 Illegal drugs  
 Money  
 Gang Apparel  
 Bad Attitude  
 Mirrors/Glass

2 Weeks	# Sent	BEDDING	# Returned
	_____	Sleeping bag - for overnights	_____
	_____	Pillow/Pillow Case	_____

2 Weeks	# Sent	OTHER ITEMS	# Returned
	_____	Toiletries/Shower Bag/Shampoo	_____
	_____	Soap & Soap Dish	_____
	_____	Toothbrush & Toothpaste	_____
	_____	Comb/Brush	_____
	_____	Water Bottle	_____
	_____	Laundry Bag - required	_____
	_____	Flashlight/Batteries	_____
	_____	Large Back Pack	_____
	_____	Journal for Writing	_____
	_____	Bug Repellent with Low Deet	_____
	_____	Suntan Lotion/Sun Block	_____
	_____	Writing Materials and Stamps	_____
	_____	Tampons/Kotex	_____