PROGRAM OPTIONS

TEAM Works can serve groups from 10 to 200. The level of difficulty and challenge can be tailored to meet the group’s goals, physical abilities, and size of the group. Program lengths can range from 1/2 day to multiple days.

The TEAM Works staff of professional facilitators are experts at achieving a wide range of outcomes that have a real and lasting impact beyond the immediate experience.

LOCATIONS

TEAM Works facilitators can provide team building services in meeting spaces, at parks, schools, or conference/retreat centers. Team Challenge Courses and climbing towers are located at Greensfelder County Park just north of Six Flags over Mid-America or at YMCA Trout Lodge & Camp Lakewood, a camp and conference center located 90 miles south of St. Louis in Potosi, Missouri.

YMCA TEAM Works is part of the YMCA of Greater St. Louis and YMCA Trout Lodge and Camp Lakewood, and as such, is a not-for-profit organization.

Please contact a TEAM Works representative to discuss program options and price.

TEAM Works strives to incorporate the five core values of the YMCA in all aspects of its programs and customer service.

• Caring
• Honesty
• Respect
• Responsibility
• Faith

YMCA TEAM Works
YMCA Mission:
To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

A United Way Agency

YMCA Trout Lodge & Camp Lakewood is a year-round, not-for-profit family getaway, conference center, summer camp and outdoor education center, and is located in Missouri’s Eastern Ozarks and situated on a 360-acre lake surrounded by 5,200 acres of forest-covered hills.

www.troutlodge.org

YMCA Trout Lodge & Camp Lakewood

TEAM Works
YMCA OF GREATER ST. LOUIS

Larry Jeude
Director of TEAM Works St. Louis
South County Family YMCA
12736 SouthFork Rd.
St. Louis, MO 63128
314-849-4688 Ext. 234
ljeude@ymcaStlouis.org
www.team-works.org

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CONTACT INFORMATION

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TEAM WORKS ST. LOUIS

TEAM Works provides a unique training experience that helps groups, companies and organizations build stronger, more effective and cohesive teams by using fun, interactive challenges that focus on effective communications, goal setting, leadership development, decision-making, trust building, and systematic problem solving.

By utilizing the systems thinking approach, professional facilitators study the interactions and behaviors of participants, then guide them through discussions after each activity. These discussions allow the team to celebrate their successes, examine their mistakes, and make connections back to their organization. The ultimate benefit of this training is that participants learn more about themselves and one another, away from their normal environment. By understanding that giving everyone a voice and honoring an individual’s choice, the team members can build respectful relationships and improve communication skills.

Prior to the start of the program, group leaders have the opportunity to discuss the goals, objectives and specific outcomes for the desired experience. Factors such as the age, physical abilities of the participants, and cultural considerations are taken into account when designing programs for clients.

WHAT IS SYSTEMS THINKING?

Systems thinking was founded by MIT professor Jay Forrester in 1956. He recognized the need for a better way to test ideas about social systems. Systems thinking is different from traditional analysis because instead of studying individuals independently, this approach focuses on how the individuals interact with other members of the system and how these interactions produce behaviors.

PHILANTHROPIC PROGRAMS

THE EPIC PROGRAM: Supporting charitable causes is a very important component of many successful organizations. Combining stewardship with team building is a perfect opportunity to create an effective, cohesive group with a heart for helping others. The group will participate in a variety of challenges to gain points or an item to support their cause. Some examples are school backpacks, books for school libraries, food drive, clothes, and families in need. The activities are designed to challenge groups to work together to accomplish a common goal. True success is achieved only when everyone has contributed to the team effort. Organizations may choose their philanthropic cause or TEAM Works can partner your organization with a local charity.

BUILD-A-BIKE CHALLENGE: Zip for a tire - climb for pedals - geocaching for handlebars? Absolutely! This team building program supplies underprivileged children with new bikes and is designed to unite employees and encourage effective communication and problem-solving skills as they earn parts for bikes. Participants engage in “amazing race” style activities that may include high adventure activities, team challenges, scavenger hunts, and canoe orienteering. Organizations can choose a charity of their choice to donate their completed bike to or TEAM Works can partner the organization up with a local charity. Our team is committed to help you create authentic bonds, increase communication, and inspire cooperation – all while giving back.

TEAM BONDING PROGRAMS

When you have a group of people that really don’t know each other, and there is a desire to quickly start building them into an effective team, our TEAM Works team initiatives are designed to bring out and examine the interpersonal and intrapersonal interactions that are the basis of any team's dynamics.

The program activities are designed to fit the intellect, physical, and emotional level of the group and its members. Team members learn the strengths and weaknesses, communication and learning styles, and personalities of each of their team mates. Along the way there is an emphasis on laughter, fun, and a strong feeling of satisfaction within the group.

TEAM WORKS

The effectiveness of a team depends on the system that the team uses to make decisions, set goals, and follow through on each individual’s commitment to his/her role and responsibilities on the team. The more transparent a team’s system, the greater a team’s effectiveness. This transparency is predicated on each member’s ability to communicate effectively, be open to different ways of thinking, and truly listen with the intent to understand what team mates are trying to say. The activities are designed to dig into the assumptions, values and beliefs that underpin the dynamics of a team and open them up for discussion and examination.

COMMUNICATION • TRAINING • LEADERSHIP • GOALS • PHILOSOPHY • RELATIONSHIPS
RISK • TRUST • BEHAVIOR • MANAGEMENT • BONDING • TEAMWORK • ABILITY • FEEDBACK
GROUPS • METHODS • SYSTEMS THINKING • CHALLENGES • DYNAMICS • DEVELOPMENT
SUCCESS • ORGANIZATION • ASSESSMENT • FLEXIBILITY • TEAM MEMBER
UNDERSTANDING • RESPECT • VALUE • SKILLS • LEADERS • TRAINING • LEADERSHIP
PHILOSOPHY
RISK • TRUST
BONDING
ABILITY BUILDING EFFECTIVE TEAMS
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EFFECTIVE TEAM DYNAMICS

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What is the role of systems thinking in team building programs, and how does it help teams become more effective and cohesive?