Looking for a fabulous day trip for you and your adult friends? Trout Lodge is the place to kick up your heels, celebrating fun, friendships and a fantastic adventure. Enjoy a whole day of activities and buffet lunch for only $20 per person. Trout Lodge is close to St. Louis - only 90 minutes south, but far from ordinary.

We don’t believe in one-size-fits-all. We will customize your visit according to your group’s desires and abilities. Some activities are seasonal.

888-386-9622 ext. 223
tladultprograms@gwrymca.org

INCLUDED IN THE PRICE ACTIVITIES
- Sailboating
- Kayaking
- Nature Hike
- Bocce Ball
- Canoeing
- Swim Time
- Ping Pong
- Fishing
- Horseshoes
- Archery
- Paddle Boating
- Mini-Golf
- Pontoon Tours
- Shuffleboard

ADDITIONAL FEE ACTIVITIES
- Arts & Crafts
- Paintball
- Horseback Riding
- Wagon Ride
- Mud Cave
- Climbing Tower
- Zip Line
- Rflery
- and more!

Contact our Adult Program Director about creating your very own unique and amazing day trip experience.